



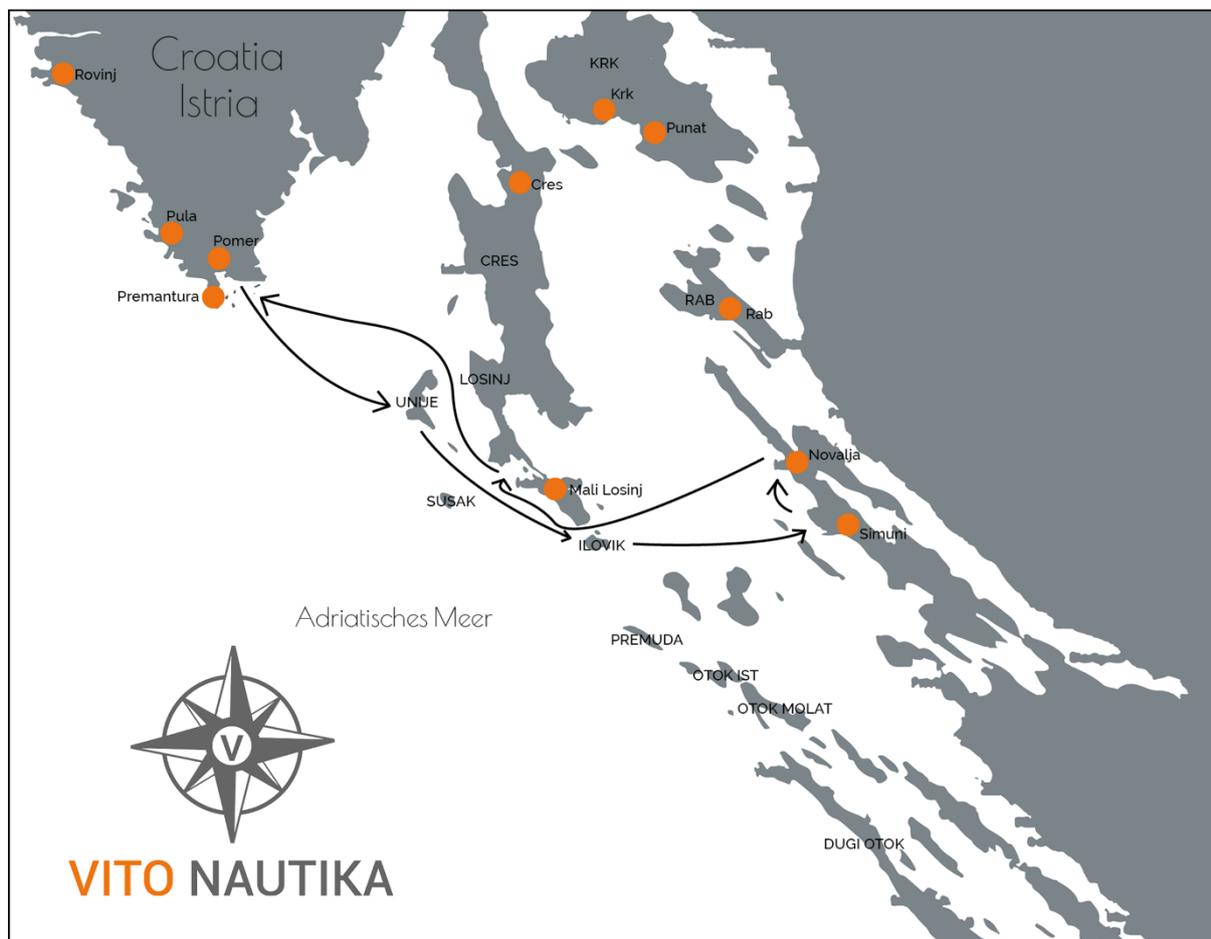
VITO NAUTIKA

#5 – Relax and Sail

Cruise suggestion Kvarner Bay (Pomer, Stopps, Pomer)

Ausgangshafen: ACI Marina Pomer

Route 5 (1 week) ca. 113 Nautical miles



Route von Pomer, nach Unije und Ilovik. Über Simuni nach Novalija. Von dort nach Mali Losinj und zurück nach Pomer.



Pomer



Our cruise starts and ends in Pomer. The small fishing village of Pomer is located in a very sheltered part of the bay of Medulin. What used to be a small fishing village is now a picturesque holiday resort with great, quiet pebble and country-style stone beaches and beautiful bays with excellent anchoring grounds. In addition to bathing, which is popular with all holidaymakers,

there are a number of water sports on offer here. Nearby Medulin is the tourist center of Istria in this area, while Pomer is the dreamy counterpart, but Medulin is only a few minutes away. Just in the recent past, more sacral buildings and remains of buildings from the Roman period have been found and uncovered. For example, one can find the remains of thermal baths and villas.

The church of St. Flora from the Byzantine period, the cemetery church of St. Fiora and the parish church of the Virgin Mary with a wooden Madonna statue from the 16th century are also definitely worth a detour. A trip to Pula is also worthwhile, here you can visit the amphitheater, the Arena of Pula, with its underground passages from Roman times. Pomer is ideal for sports enthusiasts and nature



lovers. Get to know the nature around the Medulin Bay better with an extensive walk, a hike or a bike tour (for example to Premantura). For water sports enthusiasts, there is the possibility of wind and kite surfing or the wakeboard park. The best way to get to know the diversity of the underwater world is to go diving or snorkeling off Kamenjak. Also explore the surrounding area, a trip around Cape Kamenjak, the beautiful bays and turquoise waters immediately radiate peace and relaxation - or explore the Porer lighthouse at sunset with a great chance to see dolphins as well. In Pomer itself you will find some excellent restaurants offering traditional dishes. Since Pomer is excellent for farming oysters and mussels, you can also get many mussel and fish dishes. Most restaurants serve local wine from Istria or the popular truffles from northern Istria around Motovun.



Unije



Unije is a gently hilly island with an area of about 16.8 square kilometres. The island consists of limestone and is covered with the typical macchia. In the east there are some deeply cut bays. The limestones date back to the Cretaceous period.

The island's only settlement of the same name is Unije. It is in a bay on the west

coast and has about 50 inhabitants and some holidaymakers in summer. The inhabitants live primarily from tourism and fishing. However, there are also some restaurants, a shop, and a bakery. Agriculture serves the inhabitants mainly for their own needs. The island is completely car-free, so getting around is only possible on foot or by bicycle. On the island itself, you will find the remains of Roman villas, and archaeological finds also confirm the long history of the island of Unije and that it has been populated for a long time. Underwater divers also come across finds from bygone times again and again. Those travelling with yachts are advised to head for the western side with the bay of Maračol, as the sea is deepest there. Unije is perfect for a little relaxation, for slowing down. There is a direct footpath from the bay to the village. The small town invites you to take a walk through the alleys, but the rest of the island's landscape is also perfect for hiking.





Ilovik



Ilovik, also known as the Island of Flowers, because of the island's lush vegetation. Today, about 170 inhabitants live in the town of the same name. They live from winegrowing, fishing, sheep breeding and, like many of the Croatian islands, from tourism.

The town lies in a small bay, sheltered by the northern side of the uninhabited island of Sv. Petar. The coast with endless sandy beaches is easily accessible from everywhere and the largest bay with a beautiful sandy beach is Parzine, located on the south-eastern side of the island. Remains of ancient buildings can also be found on Ilovik, and the island has a long history of population behind it.

The waters around Ilovik are naturally protected from all winds (except the scirocco) and can provide a safe anchorage for all boats.

The underwater world around Ilovik also has much to offer and there is an underwater archaeological site nearby.

In town there is a grocery shop, bakery, pastry shop and several restaurants. Take a walk through the town or a pleasant hike through the evergreen vegetation of the Mediterranean Sea.



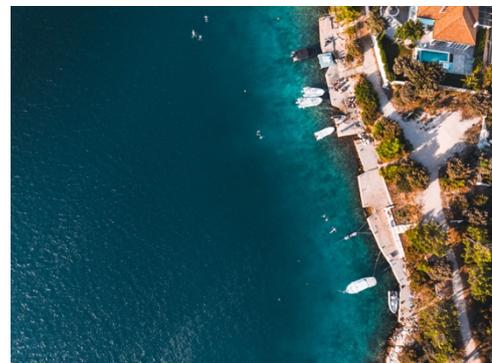


Simuni



The small fishing village is located on the southwest coast of the island of Pag. The village has around 165 inhabitants and, in contrast to nearby Novalja, it is rather quieter here. Here, holidaymakers are offered a quiet, idyllic atmosphere in which to relax and unwind. For all water lovers, there is a long beach to the southwest of the village, where pine trees provide natural shade. Near the lighthouse, the underwater world is particularly interesting for divers and snorkelers, as the area becomes rather rocky there. There are also numerous leisure activities on offer at neighboring beaches.

For the hunger in the evening or in between, there are several restaurants to choose from, all serving traditional dishes, excellent wines, and partly international dishes, but you should not miss out on the fresh fish. Let the evening end comfortably with a glass of wine. Nautical enthusiasts can moor up at the local ACI and take advantage of the town's good infrastructure to go on day trips or similar. Simuni is also particularly suitable for families with children and has something to offer for everyone.





Novalja



The once small fishing village of Novalja has become a more than popular holiday resort over time. All around you will find beautiful beaches, heavenly bays, and turquoise waters. One of the most popular beaches is the sandy

beach Planjka Trincel, it attracts many visitors and invites them to cool off in the water or to sunbathe. Young people are often drawn to the party beach Zrce, where clubs, discos and a wide range of entertainment and leisure facilities are lined up. For those who prefer a more relaxed end to the evening, a selection of restaurants, konobas and tavernas invite you to a cosy dinner on the waterfront. The square Trg. Bazilike is lined with café and cocktail bars.

For an after-dinner stroll, the romantic, long waterfront promenade is inviting. The history of the island of Pag dates to Roman times, as evidenced by the aqueduct and several ruins, as well as sites on land and underwater, which can also be visited by divers.

The entrance to the aqueduct can be seen in the town museum, and various buildings from earlier times are spread throughout the town, some of which can also be visited.

Here, too, there is plenty of entertainment and leisure activities. The harbour offers beautiful moorings directly on the shore promenade. There are numerous beautiful diving spots around Novalja and the island



of Pag, which are worth a trip to the underwater world. On some beaches it is possible to rent kayaks or take part in kayak tours. This way you can discover the most beautiful places around Novalja. For cyclists, hikers and climbing enthusiasts, this place also has a lot to offer.



Mali Losinj



Mali Losinj is situated in the protected Augustus Bay, in the middle of the island of Losinj. In the 19th century, the town was one of the most important trading and maritime centres because of its location. Mali means "small" in Croatian; a little to the south-east is Veli Losinj (the former "big"), which is well worth seeing. Due to its location, however, the towns have developed in such a way that Mali Losinj is now much larger.

Mali Losinj has developed into one of the most popular holiday resorts in the Kvarner Bay. Life in Mali Losinj takes place around the large harbour basin. There you will find many restaurants, cafés, bars and typical local konobas. In the side streets there is much less hustle and bustle - here you will find a few small boutiques, souvenir shops and shops that invite you to shop. Worth seeing here are the sacred buildings and the Apoxiomen, a statue found at the bottom of the sea in 1999. It is more than two thousand years old and shows the Greek athlete, of whom there are only seven similar statues.

Also worth seeing is the church of St. Martin, where you can find out a lot about the history of the island. For hikers and walkers, the aromatic garden of Losinj is suitable, here you can find all the medicinal herbs that are native to Losinj. The Cikot forest park is also perfect for this. The latter offers a great variety of flora and fauna and is a very well-functioning ecosystem and nature park.

Beautiful hiking and walking trails run through the entire park and there is plenty for young and old to discover in the 236-hectare park.

Adjacent to the park is Cikot Bay, which invites you to stop for a swim in the deep blue waters. If you would like to do something a little more unusual, there is also the possibility of taking scenic and panoramic flights from the small airport on Losinj to get to know the islands of the Bay of Kvarna from above.



